Practical Ideas
Draw 2 of your favourite fruits.

Find 5 squares around the house.

Look out of the window.

Encourage the use of different colours. Question what colours are being used. Encourage the recognition of what has been drawn.

Children to find things around the house that are square. Ask questions such as: What other shapes can you find?

Look out of the window, encourage the use of positional language. There is a bird on the fence. The car is in front of the garage.
Practical Ideas

1. Make a cake with an adult.
   What did you do?
   Encourage the use of time related language. For example: first, then next.
   When tasting, talk about the smell, taste and texture.

2. How many red objects can you find?
   Once objects have been found, encourage the counting. Giving one number name to each object.
   Challenge further by asking: What is one more? What is one less?

3. Use your toys to tell a story.
   Once the story has finished, ask questions about the story, or questions that will extend the story.
   What happens to (character)? Why did they do?

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Practical Ideas

Create a picture of your family.

Talk about a favourite holiday.

How many star jumps can you do in 30 seconds?
Can you beat your record?

Talk about who is in your ‘family’. Talk about what they do to help, e.g. Grandma sometimes makes me tea at her house.

Talk about a holiday or trip you have been on. Talk about what you did and why that might be your favourite trip/holiday.

Talk about how long 30 seconds is. Did it feel like a long time? Can you count your own jumps?

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Practical Ideas

Practise writing your name.

Draw a picture.

Find 5 things that float and 5 that sink.

Talk about what the name starts with (the letter itself and capital letter). Children may want to trace their name first, then have a go at writing it independently.

Encourage the use of different colours. Question what colours are being used. Children to explain and describe their picture.

Talk about what float and sink mean. Before putting them in the water, ask the children to make a prediction about whether it will float or sink.

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Practical Ideas

- **Build a den.**
  - Children to use different household materials to make a den. Talk about what you have used to make the ‘den’. Whilst in the den, you could share a story.

- **Make a pattern.**
  - Use different objects to create a pattern. Children may want to print their objects on paper with paint, or create a row of objects on a table. Describe the pattern.

- **Play hide and seek.**
  - Encourage the use of positional language to explain the hiding places used in the game, e.g. *I was hiding under the table.*

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Practical Ideas

Share a memory.

I remember when...

Take it in turns to talk about a memory. Encourage children to describe their memory. Think about who was there. Is it a good memory? Why?

Play a board game together.

Count the spots on the dice. What have you/I rolled? What number have you/I landed on? Has the number got bigger or smaller?

Make a shaker.

Using dried pasta, rice and pots, make a shaker. Use this to make music. Children could use it whilst singing familiar nursery rhymes.

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Other Ideas

• **Playdough**
   An old classic! There are many recipes available, this is our favourite. Consider adding different smells, for example baby oil, shampoo or tea tree oil.

   ```
   2 cups of plain flour
   Half a cup of salt
   2 tablespoons of cooking oil
   2 tablespoons of cream of tartar
   1 to 1.5 cups boiling water
   ```

• **Cornflour gloop**
   Children love to explore cornflour both dry (beware, it is very messy!) and mixed with water. Children enjoy feeling the drippy texture run through their fingers and can also attempt to roll a quick ball before it falls into a runny liquid again! We recommend setting up gloop in a shallow tray or a large dinner plate.

• **Shaving foam**
   This works well in a shallow tray and is ideal to encourage children to practise their letter formation, writing their name, writing simple words, writing numerals and so on.

   For younger children, it’s a good activity for using their preferred ‘pointy finger’ and making simple zigzags, swirly lines, etc.